# The Name Game

Dogs love games, and so do we! The Name Game helps to reinforce name recognition and recall, but it can also be a

lot of fun. This game teaches your puppy that answering to his name is not only exciting but very rewarding.



James Hearn | Dreamstime.com

As a training technique, the Name Game is important even if your dog recognizes its name already. The true purpose of this exercise is to let your pup know that when he hears his name something good happens. When you call Sparky, he will be not only be willing but also happy to look at you and respond to you in a positive manner.

### HOW TO PLAY

#### Start out slowly and build up to a challenge...

**EASY** — Call your pups/dogs name in a happy voice, "Sparky!" If Sparky even glances in your direction click or say, "Good Sparky!" Then give him a treat. You can also toss treats if he is further away from you. Next, wait for your dog to look away from you. Call his name in your happy voice. Say nothing but his name. When he turns towards you, click and treat or praise and treat!

TIP: If your pup does not know his name or respond at all to your tone of voice try adding a kissy noise or some other ridiculous sound to get him to turn toward you. Do not add other words. You want him to respond to his name. TIP: If all else fails drop down to dog level and call your dog's name, pat the floor. Praise and treat when your dog

looks at you.

MEDIUM – Practice this exercise any time you are with your pup/dog.. This can be when you are washing dishes, watching TV, working in your flowerbeds or just watching a sunset. Wait for your dog to be distracted, call his name and when he responds, immediately praise in a happy voice! If you happen to have a treat or his favorite toy you may give that to him as well. The better the reward, the more likely he will be to repeat the behavior.

HARD — Call your dog from another room. You can even play Hide and Seek with your dog!

# **VERY IMPORTANT TIP:** NEVER CORRUPT YOUR DOGS NAME

- Never use your dog's name in a negative manner.
- Never use your dog's name to correct him. He must only associate it with the best things.
- Never call your pup to you to correct a problem. Go to him and take care of the problem in a fair manner.
- Looking at you or running toward you when his name is called should always be rewarded.

## Watch me game



Dogs love games, and so do we! The Watch Me Game helps to teach your dog to focus on you. All training activities depend on having your dog's attention. If your friend is not paying attention, he will learn nothing.

## HOW TO PLAY

 Place a small, soft treat between your thumb and middle finger. This will leave your index finger free so that you can actually point it toward your eyes.

- Hold the treat towards your dog nose. Let him sniff the treat.
- Have your index finger out and raise it towards your eyes. Actually point at your eyes. Your pups nose will follow the treat. What pup/dog could resist a yummy smelling goodie?
- When your pup makes eye contact, immediately click and treat or praise and treat. Increase the length of time by 1-2 seconds each time.

You can increase the challenge by lengthening the amount of time your dog must stay focused before receiving the treat. Practice this often and make sure your making this rewarding for your best friend. This is one of the most important exercises that you and your dog can master.

## Puppy ping-pong game

Here is another example of using a game to reinforce desired

behaviors. In this case, we want to teach your dog that it is always good and fun to come when called. This game works best if you have a hallway in your home. Even a small one can work. If you do not have a hallway then go to an enclosed room and have everyone sit in a large circle.



## HOW TO PLAY

- Draft a team of two or more human participants. This game works best with multiple humans.
- Each human player should be well armed with rewards for

your dog, including favorite dog treats, toys and a clicker (if you use one).

- If you are playing in a hallway, situate one person at each end.
- Have each person take turns calling the dog to them. Start by calling the dog's name in a happy, excited voice. "Sparky! Hurry, hurry, hurry! Let's go!" When he comes running to you say, "Good dog! Good Come!"
- Give the dog a treat when he goes to a player on command.

After your dog is reliably returning to you, take him outside an enclosed area and play the game with to more distractions. The more you do this and the better the reward, the more likely your puppy will return to you no matter what the distraction.

# Hide-n-Seek Game

Hide-N-Seek is a more advanced game that reinforces name



#### HOW TO PLAY

call him.

1. Provide every player with your dog's favorite treats, toys and a clicker (if you use one).

- 2. Have one person sit in a place out of sight, holding your dog so that he cannot see you.
- 3. Hide in another room and call your dog by name. Do not use the word "come" until you are sure that he is going to come running. You should start by calling your dog's name in a happy, excited voice. "Sparky! Hurry, hurry, hurry! Let's go!" When he comes running to you say, "Good puppy! Good Come!" At this point you can praise using the word come as Sparky is already rushing towards you.
- 4. Incorporate whistling, clapping, snapping your fingers, or anything else that gets your dog excited and causes him to come running to you.
- 5. If you have a helper, he should "hide" and then call the dog in the same manner.

This game can be played with only one person by waiting for Sparky to get distracted and start to wander off. Just jump behind a doorway or into a closet and use the same technique described above.

**IMPORTANT TIP:** The more you yell "COME, COME, COME!" at your dog the less likely it is that he will come the first time you call him. Every time you use the word and furry friend does not return to you are setting back your training. This teaches your dog that he does not need to come when you first call him. He will assume that he does not have to return to you until he's ready. Instead of yelling "COME" at your dog, try other words and sounds to encourage him to return to you.

If your dog struggles with Hide-N-Seek, you can start with <u>The</u> <u>Name Game</u> and <u>Puppy Ping-Pong</u>.